



Apply for CalFresh with any of our Community Partners:

Placer Food Bank

8284 Industrial Avenue, Roseville, CA 95678
Phone: 916-783-0481
www.placerfoodbank.org
By appointment only

Lighthouse Counseling and Family Resource Center

11990 Heritage Oaks Place Unit B, Auburn Ca, 95603
110 Gateway Drive St. 210, Lincoln, Ca 95648
735 Sunrise Ave #110, Roseville, Ca 95678
Phone: 916-645-3300
www.lighthousefrc.com

KidsFirst

124 Main Street, Roseville, CA 95678
Phone: 916-774-6802
11960 Heritage Oak Place, #3, Auburn, CA 95603
Phone: 530-887-3536
www.kidsfirstnow.org

Stand Up Placer

300 Derek Place, Roseville, CA 95678
11985 Heritage Oaks, Suite 200, Auburn, CA 95603
Phone: 530-823-6224
www.standupplacer.org
CRISIS LINE: 800-575-5352

Advocates for Mentally Ill Housing Welcome Home

11768 Atwood Road, #6, Auburn, CA 95603
Phone: 530-878-5088
www.amihousing.org

Sierra Community House

265 Bear Street, Kings Beach, CA 96143
Phone: 530-546-0952
www.northtahoeefrc.org

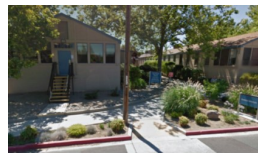
The Gathering Inn

201 Berkeley Avenue, Roseville, CA 95678
Phone: 916-791-9355
www.thegatheringinn.com

Healthcare & Food Assistance Options



Visit one of our Human Services locations



Auburn

11542 B Avenue
Auburn, CA 95603
Fax: (530) 889-7608



Rocklin

1000 Sunset Blvd #220
Rocklin, CA 95765
Fax: (916) 784-6100



Lake Tahoe

5225 N. Lake Blvd
Carnelian Bay, CA 96140
Fax: (530) 546-1912



Sierra Community House

265 Bear Street
Kings Beach, CA 96143
CalFresh Appointments:
Wednesdays 2pm-4pm
Project MANA hours:
Wednesdays



211 Connecting Point is a resource and information hub that connects people with community programs and services through a searchable web page and 24/7 local call center.

Connect with us

**Dial 2-1-1 or
1-833-342-5211**

Text your zip code to
898211
Your text plan's rates will apply.

Online 211Placer.org
211Connectingpoint.org



CalFresh can be used:

- To purchase fresh food for you and your family
- To purchase seeds and plants to grow food
- At grocery stores and some farmer's markets

Apply online today
www.GetCalFresh.org



To learn more about the classes offered or to find nutrition resources, visit the County website at:
<https://www.placer.ca.gov/3029/CalFresh-Healthy-Living>



Medi-Cal

Medi-Cal can help you get needed health care services. Benefits are available to families, individuals, seniors, and pregnant women.

Medi-Cal offers:

- Medical coverage
- Dental coverage
- Vision coverage
- Mental health coverage
- Two plans to choose from;

**Anthem Blue Cross and
California Health and Wellness**

**Are you pregnant, breastfeeding,
or have an infant or child under
the age of five?**

**WIC is a nutritional program
that provides you and your
child with**

- Healthy Foods
- Community Referrals
- Breastfeeding Support
- Eating Tips for families



For more information on how to apply visit
www.placer.ca.gov/2918/Women-Infants-Children-WIC
or call us at 916-784-6447

CalWORKs

If you are an adult with dependent children, you may be eligible for California Work Opportunity and Responsibility to Kids, or CalWORKs.

CalWORKs provides:

- Families with children financial assistance to meet their basic needs
- Education, employment and training programs
- Support for families moving toward self-sufficiency
- Child care, work expense assistance, transportation, and counseling

If you are eligible for CalWORKs you will automatically qualify for Medi-Cal and may also qualify for CalFresh.



Connect with us

1-833-342-5211

or online at **211Placer.org**
211Connectingpoint.org

Get Connected
with the benefits and resources
that you need



Veterans Assistance

The Veterans Service Office promotes the interest and welfare of veterans, their dependents, and their survivors by enhancing their quality of life through counseling, education, benefits assistance, and advocacy.

916-780-3290

www.placer.ca.gov/4089/Veterans

Housing & Homelessness

- Permanent and Supportive housing programs
- Housing Voucher Programs
- Whole Person Care

**If you are in need of emergency
housing services call the
Homeless Resource Helpline at:
1-833-3PLACER (833-375-2237)**



1-(888) 385-5160

www.MyBenefitsCalWIN.org